Financial Self-Assessment



We'd like to help you with your finances. So we can do this, please fill out this form so we have a full understanding of your financial position. This will help us give you the best possible support.

Instructions for filling out this form:

- Please complete all sections of this form and save it to your computer for future reference.
- Fill in the boxes using BLOCK CAPITALS.
- All of your outgoings need to be monthly figures. If you only have weekly or quarterly figures, please use the instructions below to get monthly figures.
- Once you've completed the form, you can keep it for your own personal use to help you reduce your monthly spending, or, you can contact us on 0800 917 4399 to discuss how we can support you. Our specially trained advisors are available Monday to Friday, 9am until 4:30pm and Saturday, 9am until 3:30pm. Please have the completed form to hand when contacting us.

Help to calculate monthly amount

■ if you are paid/paying weekly amounts:

Weekly amount X 52 ÷ 12 = Monthly amount

■ if you are paid/paying quarterly amounts:

Quarterly amount X 4 ÷ 12 = Monthly amount

1. Household income (monthly aft	er tax)	
	Person 1	Person 2
Wages/Salary	£	£
Bonus/Commission	£	£
State/Private pension	£	£
Other (please state)	£	£

2. Benefits (monthly after tax)		
	Person 1	Person 2
Total Benefits (including Jobseeker's Allowance, Income Support, Child Benefits and Disability Allowances)	£	£

3. Essential Outgoings (monthly)		
	Person 1	Person 2
Mortgage/ Rent	£	£
Council Tax	£	£
Maintenance/ Child Support	£	£
Utilities (inc. water, gas and electricity)	£	£
Insurance (building and contents)	£	£
Other (please state)	£	£
Do you have any arrears with any of your creditors? (the people you owe money to) If so, please detail any arrangements you have made.		

4. Other Regular Outgoings (mo	onthly)	
	Person 1	Person 2
Total housekeeping (food, toiletries, etc.)	£	£
Telephone (landline and mobile)	£	£
TV and Internet	£	£
Car fuel and Travel Expenses	£	£
Car Insurance	£	£
Other (please state)	£	£

5. Creditors

Your creditors are the people or companies that you owe money to, for example, your credit card bill, personal loans, family or friends.

	Total outsta	anding debt	Monthly contri	actual payment
Creditor	Person 1	Person 2	Person 1	Person 2

ted amount of monthly overdraft fees	£	
you taken out a payday loan in the last 90 days?		
Summary		
Total Disposable Income is your Total Income minus To	stal Outgoings (or the money you have left over each month after	considering the n
Total monthly Income (steps 1 and 2)	£	
Total monthly Outgoings (steps 3 and 4)	£	
Total Disposable Income (a minus b) Additional Details	£	
Additional Details	£ a that you think may be useful to help us understand your finar	cial situation.
Additional Details		cial situation.

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